NUTRITION POLICY

This policy is applicable to: all DECD employees.

DOCUMENT CONTROL

Managed by: Ally Mead
Responsible position: Director
Version: 1

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File number:

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CONTENTS

1. TITLE .........................................................................................................................3
2. POLICY STATEMENT .................................................................................................3
3. POLICY DETAILS ........................................................................................................3
4. ROLES AND RESPONSIBILITIES ..............................................................................3
5. MONITORING, EVALUATION AND REVIEW ............................................................4

REVISION RECORD

<table>
<thead>
<tr>
<th>Date</th>
<th>Version</th>
<th>Revision description</th>
</tr>
</thead>
<tbody>
<tr>
<td>23/3/13</td>
<td>New</td>
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</tbody>
</table>
1. TITLE
NUTRITION POLICY

2. POLICY STATEMENT
Our Kindergarten will ensure a healthy food supply for Kindergarten activities, celebrations and events, strictly limiting availability to high sugar or processed foods like chips, pastries, cakes, lollies, crisps and soft drinks to no more than twice per term in accordance with the Healthy Eating Guidelines.

3. POLICY DETAILS
Food safety
Our Kindergarten:
- promotes and teaches food safety to children as part of the curriculum
- encourages staff to access training as appropriate to the Right Bite Strategy
- provides adequate hand washing facilities for everyone
- promotes and encourages correct hand washing procedures with children and staff
- promotes safe preparation and food handling procedures

Food-related health support planning
Our Kindergarten:
- liaises with families to ensure a suitable food supply for children with health support plans that are related to food issues.

Working with families, health services & industry
Our Kindergarten:
- invites parents and caregivers to be involved in the review of our whole site food and nutrition policy
- provides information to families and caregivers about the Right Bite Strategy through a variety of ways including:
  o newsletters
  o policy development/review
  o information on enrolment
  o pamphlet/poster displays
  o promotes the alignment of fundraising with the Right Bite strategy.

Note: If your Kindergarten has a child with a serious food allergy (eg. nuts), a separate policy for the duration of that child’s involvement with the Kindergarten should be developed and communicated to parents and staff

4. ROLES AND RESPONSIBILITIES

<table>
<thead>
<tr>
<th>Party / Parties</th>
<th>Roles and responsibilities</th>
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<tbody>
<tr>
<td>Staff</td>
<td>Promote and role model healthy eating in line with Right Bite Strategy</td>
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<td>Discuss Right Bite Strategy through enrolment</td>
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<table>
<thead>
<tr>
<th>Processes</th>
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<tbody>
<tr>
<td>Parents</td>
</tr>
<tr>
<td>Provide adequate foods in line with Right Bite</td>
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<tr>
<td>Strategy</td>
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<tr>
<td>Staff</td>
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<tr>
<td>Promote and role model hand washing procedures</td>
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</tbody>
</table>

5. MONITORING, EVALUATION AND REVIEW
Monitor children lunch boxes and continue to encourage healthy options

Review policy on an annual basis