Nude Food Day
Tomorrow is another Nude Food Friday’s which means that the children are to bring along their lunch and snack items in plastic containers rather than glad wrap, foil or any other packaging that food sometimes comes in. We will be talking to the children about the nude food concept so they will be able to share their ideas with you too.

We plans to hold specific Nude Food Days on the Kindy Friday’s however we encourage you to do nude food days everyday as it is a great way to save the environment and it often a healthier options for your child. Our next Nude Food Day will be Friday June 28th.

An example—sandwich in a container, cut up apple/or whole apple, nuts, un unwrapped muffin etc.

Healthy Eating Program
In the last few weeks we have been talking and learning about healthy eating. One concept the children have really enjoyed is discussions around and sorting foods according to the ‘Right Bite Food and Drink Spectrum’. This is where foods are considered as being Green Foods (Go foods, foods we eat lots of all the time), Amber/orange Foods (Slow down foods, foods we can eat sometimes and not too much of) and Red Foods (Stop foods, foods we eat occasionally and not in excess). We have been hearing about some children talking about Green, Amber or Red foods at home with their families and even when they are out doing the shopping. With today’s newsletter we have included a ‘Right Bite’ flyer to give you some more information about this spectrum and program. Please enjoy discussing with your child how to make right choices about what we eat at home and Kindy.

Governing Council
Our next Governing Council Meeting will be held on Friday August 2nd at 2.00pm (Week 2).

Playgroup News
Playgroup will be in recess over the Holiday period and will recommence on July 22nd at 10am.
Recycling
You may have already noticed that we have included three new bins in our Kindy for the purpose of Recycling. The children have learnt about recycling containers, paper and cardboard and actual rubbish items that cannot be recycled or reused. They were able to participate in a sorting activity where they could identify recycling symbols on a variety of ‘rubbish’ items. The bins are labelled and the children are doing a great job of placing the correct items in each bin. We have also started a compost bin on each table at lunchtime. These are used to collect food scraps from the children’s lunch. We intend to compost these in our compost bin and later they may also be used for a worm farm. We hope that your child can share some of the information with you at home!

Catering Job for June 28th
We are catering for Meningie Area School Student Free Day on Friday June 28th (tomorrow). This falls on a Kindergarten day for your children and we will be operating business as usual. A BIG thank you to those of you (Kindergarten and Playgroup families) who have supported this fundraiser by way of food donations or a rostered time to help on the day. I am sure the day will go well. Our Governing Council Chairperson sent out reminder notes to families who had offered their help so please make sure you complete the tasks listed on the note.

Holidays
Term 2 has certainly flown by. We have had a wonderful term learning and playing with your children. We are now half way through the year. The children look like they are a little tired and very much in need of a short break to recharge their batteries ready for another busy term! We will send home the DRAFT term planner next week.

YOU NAME IT—LABELS
Meningie Kindy is having an ongoing fundraiser with ‘You name it—Labels’. This is a company that offers vinyl and fabric labels that are dishwasher and microwave safe. You can personalise your labels to suit your needs. Just log on to:
www.younameitlabels.com
And place your order, quoting our unique code mksa0213 (all small letters, no spaces). When you order online you will receive a 5% discount off normal prices. The Meningie Kindy receives a generous rebate for each order so please feel free to share the code with neighbours and friends.
I have just received my order of name labels and they look great! Don’t forget to get online and purchase some for your child. Great for labelling lunch boxes, drink bottles etc.

Thanks Ally, Sheree, Dana & Angela