Eat a Rainbow Program
Next term, for the first five weeks we will be participating in an OPAL initiative entitled Eat a Rainbow. This program aims to increase children’s fruit and vegetable intake through a range of activities that allows children to taste, smell and touch a variety of fruits and vegetables in a rainbow of colours. The program encourages children to ‘have a go’ at trying these foods in a fun, friendly and safe environment. OPAL manager Sheridan O’Brien and Emily Arbon will lead us through this project. A celebration will occur at the end of the five weeks where families will be invited in to share in the fun. Please see attached information from the OPAL team.

Parent Opinion Survey
Recently we sent home information for you to participate in a Parent Opinion Survey in relation to your experiences with the Kindy. I am aiming for a 100% return rate so if you have not yet had a chance to complete this survey please do so as soon as possible. Data collected through the online survey is sent to central office and then feedback to the site to aid improvements in the future, so please have a voice in this worthwhile process. If you require a hard copy rather than online please get in touch with me. PLEASE, PLEASE complete as time is running out.

So far we have 9 Returns which is only 39%.

Jolly Phonics
Last weeks letter is Ww. The action for this letter is to pretend to be wind by holding out your hand and blowing ‘www’ into your hands.

This weeks sound is ‘ng’. The action for this sound is to pretend to be a weightlifter, bringing your arms above your head and say ‘ng’.

Nude Food Day
This coming Friday 20th September is a NUDE FOOD FRIDAY which means that the children are to bring along their lunch and snack items in plastic containers rather than glad wrap, foil or any other packaging. We are finding that this is being well supported and has also flowed onto our other Kindy days. Please remember that this does not mean unwrapping a muesli bar and placing it in the lunchbox ‘nude’ as this is a highly processed food which could be replaced by other foods such as sultanas, strawberries, cucumber, carrots or air popped corn etc.
Pizza & Pasta Cheese Factory Fundraiser Evening.
We have approached The Cheese Factory and have secured a date for a Pizza & Pasta Fundraiser Night. The date is set for Friday October 18th at 6.00pm. This is the first Friday of Term 4 and falls on an Admin Friday. 10% of the dinner sales goes towards the Kindy. We would love to see as many families (Kindy & Playgroup) as possible coming along to support the night and enjoy a fun family night with other Kindy families. We also plan to sell battens for the ‘Spin the Wheel’ game. Please bring along some $1.00 coins to play this game. The winners of these spins will be able to choose from a selection of prizes. The cost is $20/adult and $9.50/child. We have also negotiated with the Cheese Factory to include hot chips in the warmer with the pizza and pasta. To confirm your place just call the Cheese Factory and book a table in your name with the number attending your table as soon as possible.

Playgroup
Playgroup recently ran a survey asking for feedback and information from families in relation to Playgroup. At our last Governing Council Meeting this information was reviewed and some decisions were made based on the survey results. Playgroup have since had some feedback with concern to the decisions made in relation to daily fee payment of playgroup. Playgroup has suggested that anyone who did not complete the survey and now would like to must do so asap. It is my understanding that the surveys are available in the playgroup information area at Kindy. The surveys can be returned to the locked box.

Graduation Ceremony
On Thursday 26th September we will be hosting the Graduation for: Hamish, Ryan, Lexi, Keira, Peter L and Tyson. These children have been participating in School Visits over the course of the last 5 weeks. They have been very excited about their visits to school and come back to Kindy sharing their experiences with us. A graduation ceremony will be held at 2.45pm for these children. All family and friends are invited to attend.

Hats & Sunscreen
It is that time of the year again when staff and children must wear hats when playing outside. According to our Skin Protection or ‘Sun Smart’ Policy from the beginning of September until the end of April or when the UVR Level is greater than 3 at other times hats and sunscreen will be worn. The details are below:

- All students and staff to wear hats and sunscreen when outside (broad brim or legionnaire type hats are strongly recommended)
- SPF 30+ Broad Spectrum is to be applied to children 15-20 mins prior to outside play. Staff to reapply regularly
- Students are to be directed to play in shaded areas and will be taken to shaded areas during peak UVR times. Outdoor activities are scheduled outside of these times where possible
- Appropriate clothing is to be worn. No singlet or midriff tops allowed
- Staff encouraged to be positive role-models of sun smart behaviour by wearing hats and sunscreen
- The centre reinforces sun smart behaviour and has incorporated sun protection activities in the program
- The Kindy has sufficient shade to provide adequate sun protected areas
- ‘No Hat, No Outside Play’. Children will be directed to play in the shade.

As parents you have a responsibility to ensure your child has adequate clothing that covers their shoulders and their main body (singlet tops or strappy dresses do not comply with our policy) as well as appropriate footwear (no thongs).

Meningie Christmas Pageant
This year the Meningie Christmas Pageant falls on Sunday 1st December. The Kindergarten has agreed to be involved in this event once again. It is most likely that the children will be able to travel by ‘train’ on the Kindy train from the main street to the town oval for the further celebrations and fun. We also plan to host a stall for the children in a fundraising effort. We will be in touch closer to the time regarding how you can help us on the day.

Thanks Ally, Sheree, Dana, Angela & Narelle